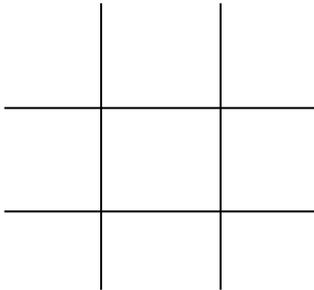


Step up and down off the stage 10 times	Dribble the full length of the basketball court 2 times	Jump Rope 20 times
Complete 10 pushups	Dribble the ball between your legs 5 times.	Dribble the ball 50 times with each hand.
Complete 5 lay-ups	Complete 10 sit-ups	Do a plank hold for 15 seconds

Tic -Tac -Toe

1



2

