

Back to Back

Week 4-Aug

Activity Type

Grade K-6

Equipment None

PE Objective Class management

Academic Objective Environment, health

NASPE Objective 18

Description:

Players stand about by pairs, except one player who is it. When it calls, "Back to back!" the players must back up to a partner. When it calls "Face to Face!" these partners must face each other and shake hands. On the next call "Back to back!" and each time here after, all players must change partners. The player who is "It" tries to get a partner during the change. The player left out becomes the one who calls "Face to face" or Back to Back" for the next round

Variations:

Vary the task from hand-shakes to greetings from other cultures such as bows, fist pumps, etc.