

SIMON

Grades	K-6
Equipment	hoops
Motor skills	Springing, landing
Cognitive Obj	Sequencing, patterns
Affective Obj	Cooperation, taking turns, leading, following
Activity type	Small group, Cooperative

Description

Create small teams of players and give each team 3-4 hula hoops of differing colors. The first player may jump, hop or leap into any hoop of his/her choice. They must then jump out. All players from the team follow in order. The first player then repeats his/her first movement, and adds a second. Again, all the rest follow in turn. The leader continues until s/he has had a set number of turns (as designated by the teacher,) then another player begins the sequences.

Naspe Standard(s)

Standard 1 - The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 2 - The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Standard 4 - The physically literate individual exhibits responsible personal and social behavior that respects self and others.

Variations

Challenge players to rearrange the hoops to make the sequences more challenging.