**Left Hand**

**T W Workout**

**Keys used in this lesson:**

A, S, D, F, E, R, G, C, T, W

**Key each line twice. Repeat if time permits.**

**Remember**

* Keep your fingers grounded on the home row keys
* Keep a nice, smooth rhythm

1. fff ttt fff ttt fff ttt fff ttt fff ttt
2. sss www sss www sss www sss www sss www

**Key each line twice. Repeat if time permits.**

1. ftf ftf ftf ftf ftf ftf ftf ftf ftf ftf
2. sws sws sws sws sws sws sws sws sws sws
3. ftf sws ftf sws ftf sws ftf sws ftf sws

**Key**

**T**

Use F finger.

(left pointer)

**Key each line twice. Repeat if time permits.**

1. tft tft tft tft tft tft tft tft tft tft
2. wsw wsw wsw wsw wsw wsw wsw wsw wsw wsw
3. tft wsw tft wsw tft wsw tft wsw tft wsw

**Key**

**W**

Use S finger.

(left ring)

**Key each line twice. Repeat if time permits.**

1. was ret was ret was ret was ret was ret
2. faw rat faw rat faw rat faw rat faw rat
3. tad saw tad saw tad saw tad saw tad saw
4. war act war act war act war act war act

**Key each line twice. Repeat if time permits.**

1. swat wars dews east twas acts swad waft cert wart
2. tears wages straw swarf stear facts craws sawer great
3. cadets traces waster grates crates carted reacts waters
4. target steward crafted strawed swarfed fretsaw grafted

**A**

**S**

**D**

**F**

**C**

**G**

**R**

**T**

**W**

**E**