**Left Hand**

**Home Row Workout**

**Keys used in this lesson:**

A, S, D, F

**Key each line twice. Repeat if time permits.**

**Remember**

* Keep your fingers grounded on the home row keys
* Keep a nice, smooth rhythm

1. aaa fff aaa fff aaa fff aaa fff aaa fff
2. sss ddd sss ddd sss ddd sss ddd sss ddd
3. aaa ddd aaa ddd aaa ddd aaa ddd aaa ddd
4. sss fff sss fff sss fff sss fff sss fff
5. aaa sss aaa sss aaa sss aaa sss aaa sss
6. ddd fff ddd fff ddd fff ddd fff ddd fff

**Key each line twice. Repeat if time permits.**

1. afa afa afa afa afa afa afa afa afa afa afa
2. sds sds sds sds sds sds sds sds sds sds sds
3. afa sds afa sds afa sds afa sds afa sds afa sds

**Key each line twice. Repeat if time permits.**

1. ada ada ada ada ada ada ada ada ada ada ada
2. sfs sfs sfs sfs sfs sfs sfs sfs sfs sfs sfs sfs sfs
3. ada sfs ada sfs ada sfs ada sfs ada sfs ada sfs

**Key each line twice. Repeat if time permits.**

1. asa asa asa asa asa asa asa asa asa asa asa asa
2. dfd dfd dfd dfd dfd dfd dfd dfd dfd dfd dfd dfd
3. asa dfd asa dfd asa dfd asa dfd asa dfd asa dfd

**Key each line twice. Repeat if time permits.**

1. aa ff ss dd aa ff ss dd aa dd ss ff aa ss dd ff
2. faaf dssd faaf dssd sffs daad sffs daad saas fddf
3. adds adds fads fads adds adds fads fads adds adds fads fads

**A**

**S**

**D**

**F**